

Ohio Valley Intergroup

Back to the Basics

What: A Closed Recovery-Based Workshop Retreat for Sex Addicts or those considering their Sex Addiction.

When: Saturday, September 2nd, 2017

Where: Sharon Woods Metro Park Lodge (directions follow.)

Suggested Donation: A \$15.00 donation to help cover lunch and the venue is suggested but not required. Your presence is appreciated!

Time/Activities: Welcome time is from 08:30 A.M. to 09:00 A.M.

Workshop 1: Step One Workshop from 09:00 to 10:00 A.M. Keith will present ideas for working this foundational step in recovery. There will be time for discussions.

Workshop 2: *Abstinence – A “How to”* from 10:00 to 11:00 A.M. with presenters Jim N and Jerry S. Time for discussions will follow a brief presentation.

Workshop 3: Step Three – A review of working the spiritually transitional step from 11:00 A.M. to Noon with Chris J. Writing a Step Three prayer follows the discussion.

Noon to 1:00 P.M. – Lunch Time

Workshop 4: Step Four – A review of working the courageous heart of your program from 1:00 to 2:00 P.M. with Stephanie. Time for discussions will follow a brief presentation.

Workshop 5: Sponsorship Do’s and Don’ts – for those who wish to sponsor from 2:00 to 3:00 P.M. with Greg. Time for discussions will follow a brief presentation.

Workshop 6: Authenticity in your program – from 3:00 to 4:00 P.M. with Mel F.



Wrap Up is from 4:00 P.M. to 4:30 P.M.

The Sharon Woods Park Spring Hollow Lodge address is **1069 W. Main Street, Westerville, OH 43081** and it is near the crossing of I-270 at I-71 North of downtown Columbus. Activities will be at the Spring Hollow Lodge. Directions: Take I-270 to exit 27 just East of I-71. Take that exit and take Cleveland Avenue North to West Main St. Turn left and take West Main St. to the park entrance near Spring Hollow Lane. Enter the park and take the entrance road to the Spring Hollow Lodge.



Please register by Aug. 26th

For more information, email:

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