

Ohio Valley SAA Intergroup



Fall Retreat
Harvesting Hope and Serenity

Saturday, September 28, 2019

Linworth Road Church

5400 Linworth Road, Columbus, Ohio - 43351

A harvest of serenity is produced from a seed of acceptance.

-Proverb

8:30 - 9:00

Registration and Fellowship

9:00 - 9:15

Welcome and Prayer (Zach R - OVIG Chair, Brianna H - Retreat Committee)

9:15 - 10:00

Session 1A - "Intimacy Avoidance: Another Aspect of Sex Addiction" (Deb W - W. Virginia.)

Session 1B - "The Spirit and Step 11" (Nick P.)

10:15 - 11:00

Session 2A - "The Traditions" (Mark R. - Marietta)

Session 2B - "Balance in Recovery" (Mike K.)

11:15 - 12:00

Session 3 - *Keynote Panel* - Safe and Sober Meetings (Deb W, James E, Mel F.)

12:00 - 1:00

Lunch and Fellowship - *Participants are encouraged to provide a \$15 donation to cover the cost of lunch and materials*

1:00 - 1:45

Session 4A - "The Promises and Hope of Recovery" (Zach R.)

Session 4B - "Building Blocks: How Strong Groups Support Recovery" (Heights of Recovery SAA Group)

2:00 - 2:45

Session 5A - "Writing and Recovery" (Matt F.)

Session 5B - "Sponsorship: The Heart of Recovery" (Steve S - Indiana)

2:45 - 3:00

Closing and Prayer (Deb W, ISO 2020 Convention Committee)