



October 17, 18, 19, 2025

There are many reasons why you may choose not to attend the 31st annual IISAA Fall Retreat at beautiful Camp Pyoca in southern Indiana. You may feel that your time is too valuable. You may think that your recovery program is solid. You may think that you cannot afford the cost. At their core, all of these reasons are just excuses, based in a belief that you are not worth recovery.

However, you only need one solid belief to justify attending the retreat and that is *Because You're Worth It.*

For those who are not comfortable with an in-person experience, the retreat will be offered as a hybrid event with some of the breakout sessions being held via Zoom. This will allow those who are uncomfortable convening at the camp to share in the experience, strength and hope that the retreat offers. It will also make it possible for us to have presenters join us from anywhere in the world.

This retreat is for sex addicts and codependents of sex addicts who are members of SA, SAA, SCA, SLAA, SRA and COSA.

You can preview the weekend's schedule in the box at the right. Note that extensive "down time" has been built into the schedule to allow time for personal reading, journaling, visiting with friends, getting to know new members of the fellowship, meeting with a sponsor or sponsee, playing games, exploring the camp, napping, etc.

Providing a worthwhile retreat at an affordable price requires a great deal of thought and extensive planning. In order to maintain the quality of our retreat, at a reasonable cost, we are making several changes, as outlined on page 2 of this brochure. The Retreat Planning Committee appreciates you understanding the need for these changes.

If you decide to attend the retreat in person after **October 11**, it is best to register by phone. Please call **Mike P.** at **(765) 228-6865**.

Camp PYOCA's address, phone number, and website are listed below. The website includes a map and driving directions.

Camp PYOCA
886 East County Road 100 South
Brownstown, IN 47220
1 (812) 358-3413, Ext. 2
www.pyoca.org

Weekend Overview

Friday

5:00 p.m. Register/Settle In
6:30 p.m. COSA & SAA Meetings
7:30 p.m. Dinner
8:15 p.m. Retreat Overview
9:00 p.m. Session 1 (Hybrid)

Saturday

7:30 a.m. Activity 1: Spiritual Time
8:00 a.m. Breakfast
9:00 a.m. Session 2
10:30 a.m. COSA & SAA Meetings
Noon Campfire Cookout
1:15 p.m. Session 3
2:30 p.m. Activity 2: Waterfront
3:00 p.m. Activity 3: Silent Hour
4:30 p.m. Activity 4: Wagon Ride
6:00 p.m. Dinner
7:00 p.m. Session 4 (Hybrid)
8:30 p.m. Activity 5: Memorial Service
9:00 p.m. Activity 6: Games & Movie

Sunday

7:30 a.m. Activity 7: Spiritual Time
8:00 a.m. Breakfast
9:00 a.m. Session 5 (Hybrid)
10:30 a.m. COSA & SAA Meetings
11:45 a.m. Closing
Noon Departure



On-line registration and payment is available for a \$3.00 service charge. On-line registrations will be open from **August 9** thru **October 10** at **www.indiana-saa.org/fallretreat**. After October 10, registrations must be made by calling Mike P. at 765 228-6865.

Changes for the 2025 Retreat

The cost of providing the retreat has increased considerably in the last several years, due to increases in renting the camp, higher food prices, and general inflation. Our prices are rising as well.

Financial aid is available and can be arranged ***prior to registration*** by calling Mike P. at (765) 228-6865.

All registrations and financial aid requests will be accepted on a first-received, first-served basis, with preference given to full-retreat registrants over partial-retreat registrants. Special needs will be accommodated wherever possible.

To reduce printing and mailing costs, wherever possible, we will be communicating via email.

We are also adjusting our use of the camp facilities, particularly the cabins. Our goal is to reduce costs by meeting the camp's minimum occupancy in each cabin. This year, couples will be housed in Cedar, Oak, Poplar Basement, and the Retreat Center. Solo men will occupy the main level of Poplar, one room in Cedar, one side of Spruce, and one of the rustic yurts. Solo women will be staying in one side of Spruce and one of the rustic yurts. We will be using Cedar lounge, along with the lounges in Oak and Poplar for breakouts.

Welcome

Whether you are new to recovery or an "old-timer" in the program, I hope this registration brochure finds you excited by the opportunity to enhance your recovery at our 31st

annual IISAA fall retreat entitled,
Because You're Worth It.

The vast majority of the people who have attended one of the 30 previous IISAA fall retreats have rated it as a rewarding experience.

To increase the likelihood that **you** will have a fantastic weekend, it helps to approach the weekend with **realistic** expectations. For \$125 you are receiving two nights lodging, five meals, and an extensive retreat program in a beautiful setting.

The retreat is held at a church camp facility---not a four-star resort. The facilities are modern and comfortable, but not plush.

While we do everything in our power to help everyone feel safe and secure, each person needs to work a strong, personal recovery program and be sensitive to regional differences in the way that male and female sex addicts interact. Handshakes and hugs are always optional.

If you prefer not to attend the retreat in person, please join us for some of the breakout sessions via Zoom.

You can enjoy the "meat of the retreat" from the comfort of your home and free of charge.

Please complete a registration form, so that details for participating online can be emailed to you by October 10.

As a member of our fellowship, **YOU** can enhance the experience of those with whom you will share this retreat. Only **you** are capable of giving the world your unique gifts. Please consider offering to be a presenter (see page 8) or select one of the many other volunteer opportunities listed on the back of the registration form.

Enhance your recovery program by immersing yourself in a community of recovering Hoosiers and our friends from other states. ***Put Your Overwhelming Cares Aside*** and enjoy autumn's splendor on the grounds of beautiful Camp PYOCA.

Fees

Full Retreat In-Person

Staying ON-SITE

Lodging, Meals & Materials

Tent	\$ 95
RV	\$ 100
Rustic Yurt	\$ 105
Cabin	
By October 3	\$ 125
After October 3	\$140
After October 10	\$155

Full Retreat In-Person

Staying OFF-SITE

Meals & Materials Only

By October 3	\$ 85
After October 3	\$100

After October 10	\$115
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Daily Rates

Meals & Materials

Friday Only	\$55
Saturday Only	\$65
Sunday Only	\$55

Full payment is due with completed registration forms.

Refunds will be made according to the following schedule:

Cancellation by:	Refund
October 3	100%
October 10	50%

No refunds will be made after October 10.

retreat in prior years and to meeting newcomers to the retreat.

If, after reading this brochure, you have questions, feel free to call me at (765) 228-6865.

Mike P.

Anyone with a Service Animal must include that information in a note on their registration form and must provide appropriate paperwork upon arrival at the camp. By camp rule (due to wildlife), no pets are allowed.

I look forward to reconnecting with those who have attended the

Retreat Director

Because You're Worth It

31st Annual IISAA Retreat -- October 17, 18, 19, 2025

Registration Form

The information requested on this form is for contact purposes only and will be kept confidential.

PERSON ONE:

FIRST NAME _____

As you want it to appear on your name badge.

LAST NAME _____

STREET _____

CITY _____

STATE _____ ZIP _____

PHONE (_____) _____

EMAIL _____

PERSON TWO:

FIRST NAME _____

As you want it to appear on your name badge.

LAST NAME _____

STREET _____

CITY _____

STATE _____ ZIP _____

PHONE (_____) _____

EMAIL _____

CHECK (✓) ALL THAT APPLY:

**PERSON
ONE**

**PERSON
TWO**

- | | | |
|-------|-------|---|
| _____ | _____ | We are registering as a couple and would like a couple's room. |
| _____ | _____ | I have read the Volunteer Service Opportunities list on the back of this form. |
| _____ | _____ | I would like to volunteer my services as indicated on the form. |
| _____ | _____ | I have special dietary needs and would like storage space and kitchen privileges. |
| _____ | _____ | I would like to canoe, rowboat, or paddleboat (free). |
| _____ | _____ | I would like to go on the farm wagon ride (free). |

THE REGISTRATION FEE IS BASED ON THE ACCOMMODATIONS CHOSEN AND THE DATE PAID.

ALL ACCOMMODATIONS ARE PER PERSON.

Full In-Person Retreat

MODERN ROOM

ON-SITE

_____ \$ 125

_____ \$ 140

_____ \$ 155

_____ \$ 105

_____ \$ 100

_____ \$ 95

by October 3

after October 3

after October 10

RUSTIC YURT

RV

TENT

OFF-SITE

_____ \$ 85

_____ \$100

_____ \$115

N/A

N/A

N/A

Daily In-Person Rates

FOOD & MATERIALS

_____ Friday Only \$55

_____ Saturday Only \$65

_____ Sunday Only \$55

On-Line Rate

Zoom Sessions 1, 4 and 5 Free

A \$ _____ contribution to the Financial Aid Fund is included to help another addict attend the retreat.

A check in the amount of \$ _____, made payable to **IISAA** is enclosed.

Mail to:

Because You're Worth It

9398 Abner St.

McCordsville, IN 46055

Volunteer Service Opportunities

The current structure of our retreat is the result of 30 years of fine-tuning. Based on the responses to past evaluation forms and suggestions offered, our retreat has changed to better serve the needs of the retreatants. Often times, suggestions for improvement begin with the phrase, “*Why doesn’t somebody . . . ?*” Well, here is your chance to be that “somebody”. Listed below are a variety of opportunities for you to help make this our best retreat ever.

As you can see, this is a “hands on” retreat. And, while there are many wholesome benefits to service work, no volunteer will be expected to spend the majority of the time working. “Over achieving” will be discouraged. The intent of this retreat is to relax, share, and enjoy the experience.

Please read through the list of service opportunities and select **two** kinds of service that you would be willing to perform. You may be asked to do one or both of the jobs for which you have volunteered.

Place the number **1** beside your first preference and the number **2** beside your second preference. (Couples, please initial your choices.)

Assignments will be filled on a first-received-first-assigned basis. In the case of multiple volunteers for one service opportunity, your second choice will be considered.

Thank you for your interest in making the retreat function more smoothly by your willingness to engage in this valuable 12th Step service work.

___ I would like to be in charge of the “Prayer Trail” (place signs by 5 p.m. Friday, clear debris from trail as needed, remove signs on Sunday).

___ I would like to present a breakout session. Please list your topic and a session preference, if you have one (see Overview on page 1).

Topic: _____

Preferred Session No. _____

___ I would like to work the registration desk.

___ I would like to chair a meeting:

Friday: ___ COSA
___ General SAA
___ LGBTQ
___ Men’s SAA
___ Women’s SAA

Saturday: ___ COSA
___ General SAA
___ LGBTQ
___ Men’s SAA
___ Women’s SAA

Sunday: ___ COSA
___ General SAA
___ LGBTQ
___ Men’s
___ Women’s SAA

___ I would like to help in the kitchen:

Friday Dinner:

___ Preparation
___ Cleanup

Saturday Breakfast:

___ Preparation
___ Cleanup

Saturday Campfire Cookout:

___ Preparation
___ Cleanup

Saturday Dinner:

___ Preparation
___ Serving
___ Cleanup

Sunday Breakfast:

___ Preparation
___ Cleanup

___ I would like to lead “A Half Hour with a Higher Power” session:

Saturday Morning:

___ Walking Meditation
___ Other (please describe)

Sunday Morning:

___ Christian Based
___ Other (please describe)

___ I would like to place signs for the *Hour of Silence*.

___ I would like to lead the Memorial Service, (place candles along path, start fire, invite people to share, put out fire, cleanup).

___ I would like to host the movie, ***Stuart Saves His Family*** (micro-wave popcorn, play DVD, and cleanup)

___ I would like to do the final check of one of the facilities at the end of the retreat (empty trash, check for left items, close curtains, etc.).

___ Cedar Cabin
___ Oak Cabin
___ Poplar Cabin
___ Sycamore Rustic Yurt
___ Willow Rustic Yurt
___ Retreat Center
___ Lodge
___ Grounds

___ I would like to serve as an on-site sponsor.

___ I would like to do an activity that is not on the current schedule. (Please describe)

Lodging

With the exception of persons with special needs, who will be housed in Oak Cabin, all lodging assignments will be made on a first-registered, first-assigned basis. The cabins are designed for dormitory-style sleeping. There are no private, individual rooms. Couples may request private rooms.

Couples will be assigned rooms in Cedar, Oak, Poplar (lower-level), or the Retreat Center, as long as rooms are available.

Other lodging options include:

- 🏠 Poplar Cabin
- 🏠 Spruce (Modern Yurt)
- 🏠 Sycamore (Rustic) Yurt
- 🏠 Willow (Rustic) Yurt

Individual registrants will be housed in the Cedar, Oak, Spruce, or Poplar cabins; or, in one of the rustic yurts.

Cedar and Oak cabins have four bedrooms with three bunk beds each and attached bathrooms. The four bedrooms in Poplar Cabin each have three bunk beds and one single bed and attached bathrooms. These cabins have kitchenettes.

The two rustic yurts are canvas-over-wood-frame, **heated and air-conditioned** structures and share common sinks and restrooms in a separate structure. Shower facilities are in the basement of the lodge.

The Retreat Center, with six individual bedrooms, will be reserved for couples. It has been completely remodeled since last year. It still has shared, unisex bathrooms. It is also further from the lodge than are the other cabins. There is a tradeoff: couples get a private room for the same price as two beds in the dormitory-style cabins, but they are further away from the lodge and other facilities.

Normally, there are more couples applying for rooms than there are couple's rooms available. Couples will be assigned to any available rooms in Oak Cabin first; Poplar Cabin lower-level next; then Cedar Cabin; and finally to the rooms in the Retreat Center. Once all of the available couple's rooms are filled, couples will be assigned as individuals to the men's and women's cabins.

To see pictures of any of the lodging facilities, you can go to www.pyoca.org and click on the "facilities" button. Click on the name of each building to see its floor plan. Additional camp info is also listed on the site.

In the past, some attendees have chosen to stay in a hotel in Seymour and commute to the camp (about 12 miles); some have brought an RV; some have slept in tents or in common areas to avoid snorers. See the Fee Schedule on page 2, for the pricing of each option.



SPECIAL NOTES

- ★ Financial aid is available.
- ★ Due to the proliferation and variety of specialized diets, and their costs, we can no longer make provisions in our menus for special dietary needs or choices.
- ★ Please review the menus on this page. If you cannot find choices that meet your dietary needs, please plan to bring your own food.
- ★ Storage space will be available and kitchen privileges will be extended to anyone who requests them when they register.

Menus

Friday Night:

Street Taco Fiesta:

Carnitas (pork & chicken) con Mole
Charred Salsa
Mexican-Style Black Beans
Fresh Guacamole
Chips & Queso
Soft Drinks Lemonade, Water, Coffee, Milk

Saturday Breakfast

Shepherders' Breakfast

Skillet (with Bacon)
Skillet (with Sausage)
Skillet (with Peppers & Onions)
Cereal / Instant Oatmeal
Granola Bars
Orange Juice / Apple Juice
Coffee, Hot Tea, Milk

Saturday Lunch:

Campfire Cookout (Self-Serve):

Hamburgers
Hot Dogs
Potato Salad
Pasta Salad
Chips
Make-Your-Own S'mores
Soft Drinks, Lemonade, Water

Saturday Dinner:

Fall Comfort Food (Table Service):

Pork Dumplings
Fried Rice
Sweet & Sour Chicken
Broccoli
Vegetable Egg Rolls
Fortune Cookie
Soft Drinks, Lemonade, Water
Coffee, Milk

Sunday Breakfast:

Build Your Own Breakfast Tacos

Soft Tortillas
Scrambled Eggs
Bacon / Sausage
Shredded Cheddar Cheese
Peppers, Onions, Tomatoes
Sour Cream
Salsa (regular & mild)
Cereal / Instant Oatmeal
Granola Bars
Orange Juice / Apple Juice
Coffee, Hot Tea, Milk

The "**Sharing Table**" will be available all weekend. Each attendee is asked to bring an item that will feed six to ten people. Healthy, nutritious snacks are appreciated by persons who have food issues.

Presenters Needed

Why admit that you are powerless over addictive sexual behavior and that your life is unmanageable? Why go to meetings? Why get a sponsor? Why work the Steps? Why bother with recovery at all? The answer to all of these questions is the same:

Because You're Worth It.

Every individual brings his or her own set of unique and valuable life experiences to the recovery process. That is why **you** are qualified to be a retreat presenter.

Ours is a “we” program; and, **we** need **you** to share your personal experience strength and hope concerning the tools that you have learned from others, or perhaps some that you have created on your own, to help you in your recovery journey.

Our retreats are “give and take” events. The experience, strength and hope that you have known in recovery provide you with something to give. What you learn you can take back to use in your own recovery, to share with others



in your meetings and to enhance the recovery efforts of the entire SAA fellowship.

Each workshop session will run for approximately 75 minutes. The first 15 to 20 minutes of each session are set aside for the presenter to introduce the session topic. The remaining time is intended to provide opportunities for group interaction.

The style of interaction can range from individuals sharing their own experience, strength, and hope; questions and answers relating to the topic; writing assignments; creative endeavors; small group breakouts, or whatever method best enables the presenter to impact his/her audience.

Two or more people are welcome to construct a joint presentation. Online participants are welcome to do a remote presentation from their home location.

A list of possible theme-related presentation topics follows. You are free to pick a topic from this list or to use these themes as a starting point for developing a topic of your own.

Because You're Worth It Themes

Affirming Your Worth
Assessing Your Assets
Avoiding 'Stinking Thinking'
DNA - Devine Natural Attributes
Doing a Daily Evaluation
Don't Devalue Yourself
Don't Quit Before the Miracle Happens
Finding Value in Yourself
God Doesn't Make Junk
Good, Worthwhile and Lovable
Greater than Our Addiction
I Am A Worthy Creation
I Am Worthy of Recovery
Innate Value
Invest in Your Recovery
It Works If You Work It
Keep Coming Back
Loving Yourself

My Worth is Internal and Eternal
Paying it Forward
Priceless
Recovery Pays Dividends
Self-Worth
Take Time for Yourself
The Program Works
The Value of the Outer Circle
Why Those Who Love You Support You
Worthy of Love
You Are Forgiven
You Are Good Enough
You Are Loved
You Are Perfectly Imperfect
You Are Right Where You Need to Be
You Are Trying
You Are Worth Recovery
You Are Worthy of a Sponsor's Time

If you are interested in volunteering to speak, be part of a panel, offer a specific breakout session, or help plan the program, please contact ***Mike P. at (765) 228-6865.***

