



# Spring Newsletter 2026 Ohio Valley Intergroup



## Editor's Corner

Remember this last Winter and all the snow? We're sure most of you are ready for warmer weather with no more ice on the roads or salt to be washed off your car. We certainly don't mind the disappearance of the near-zero (Fahrenheit) temperatures that were still hitting us just last month. On the other hand, now we may need to develop our reaction time for catching runaway yard items in the forty mph winds. Ah, spring!

So as the wind blows, we present a summary of the features in this quarter's newsletter:

- We're back with our standard message regarding donations to ISO Lifeline Partners but with a new twist. Difficult times may have dimmed the desire for charity, but let's still consider what's important.
- The OVIG Spring retreat is now right around the corner. Details will follow.
- Plan to attend the 2026 SAA Convention in Rochester, New York. More detailed information is in this newsletter.
- An up-and-coming piece of SAA service literature seeks to inform corporate professionals about how sex addiction can make employees less effective and possibly lead them to trouble.
- Last, we present the usual list of highlights for the Ohio Valley Intergroup.

Read On!

The OVIG Newsletter Team

## ISO Note

### **Donating to Lifeline Partners – The Need is Greater Than Ever**

We imagine that most of the people reading this have recently been affected by inflation and high gas prices. And while our own costs of daily living have certainly risen, the cost of doing business and carrying the message for our International Service Organization (ISO) has certainly increased. When you consider the enormous responsibility of everything they do, the fact that they need financial support is a no-brainer.

As always, donating to the ISO via Lifeline Partners is the best way to support the ISO as each donation is safely given from a credit or debit account as a monthly transaction. This represents funds that the ISO can count on. A donation as little as \$3 per month is helpful, while higher amounts are suggested if you can.

If using a smartphone, text “GHAvg” to 91999. You will receive a response with a link to donate at a secure website. Or you can donate from a laptop or desktop computer at <https://igfn.us/form/F4xgSw>.

If you just want information on how to become a Lifeline Partner, go to <https://saa-store.org/7thTradition> to be well informed. You can also call ISO at (800) 477-8191 if you don't have access to the internet.

## Mark Your Calendar for the Spring Retreat



The main theme for the OVIg Spring Retreat this year is Experience, Strength and Hope. Let's face it: when the going gets tough, it's good to have those three things in our "back pocket."

The flyer at left shows what, when, where, and how much for the suggested donation. So, what is missing? You! We are still looking for a few people who would be interested in running a workshop. If you want help others through your own experience, strength, and hope this can be your chance to shine. A link will be provided.

So, whether you want to run a workshop or simply attend and enjoy the retreat, leave May 9<sup>th</sup> open on your calendar so we will get to see you there.

The OVIg Special Events Team

To register for the retreat, you can paste the URL below in your browser or scan the QR code also included. You will be taken to a registration form for the OVIg Spring 2026 Retreat to be filled out and submitted.

URL: <https://www.cognitofrms.com/OVIgOutreach/OVIg2026SpringRetreat>



URL for workshop session registration is below.

[https://docs.google.com/forms/d/e/1FAIpQLSfLUUpFpbLBSKYoz2X5dJL\\_0KlchMbIAliLiTYtK\\_IPh12bnVg/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfLUUpFpbLBSKYoz2X5dJL_0KlchMbIAliLiTYtK_IPh12bnVg/viewform)

## Mark Your Calendar Again: the SAA Convention



This year's SAA Convention is the 38<sup>th</sup> and will be In Rochester NY from May 22<sup>nd</sup> through May 25<sup>th</sup>. The theme this time is Rooted in Recovery, which is very appropriate as we all should let our roots for recovery grow as much as possible.

This year there will be three speakers and a plethora of workshops. Meals can also be purchased separately from the daily events until April 29. To get a copy of the convention flyer or to register, use the links below.

To get a copy of the brochure, paste the URL below into your browser to go to the convention site.

<https://saa-convention.org/>

When at the site, click on "Enter." If you are asked for a password, use "rootedinrecovery" all as one word without the quotes. Then scroll down until you see "brochure" and click on it.

Also, if you want to register on-line, use the links on the convention home page that are below "Important Dates." Click on "Pre-registration" in blue letters and when you get to the registration home page, scroll down and click on "Register Now" to get started.

## Future Outreach: the EAP Pamphlet

The Authors Group of the SAA Literature Committee is continuously working on creating pamphlets that will prove useful to the fellowship. One of the newest works simmering in the cook pot of service literature is titled "Sex Addicts Anonymous (SAA): A Resource for Healing and Recovery." This outreach document will cater to a different crowd than what we have experienced thus far. That crowd will be specialists in the workplace who deal with employees whose addictive sexual behaviors are affecting their performance, presence, or placing them close to a sexual harassment case. These specialists are normally a part of an Employee Assistance Program (EAP).

Many of you working in a corporate structure may already be aware of EAP programs which typically handle mental, legal, health, and financial issues as well as counseling and referrals for alcohol, drugs, and smoking. Issues relating to sex addiction may also be handled by these programs.

Here is a brief rundown of the pamphlet contents that will target EAP professionals.

**One:** A section "How might sex addiction show up in a work environment?" explains how sexual addiction can manifest in the workplace. Some examples are:

- Difficulty maintaining focus.
- Excessive use of work devices or inappropriate browsing on work PCs that violates company policy.
- Inappropriate flirting or comments or seeking sexual validation from coworkers.
- Risk-taking sexual behaviors can jeopardize employment.

**Two:** A section “What are potential workplace impacts?” concentrates on the results of actions from section One if they go unchecked over time. Some examples are:

- Daily effects such as productivity decline, policy violations, or interpersonal conflicts.
- Workplace culture can be affected and reduce organizational effectiveness.
- Employee dismissals can represent a significant loss of knowledge and experience.

**Three:** A section “Introduction to Sex Addicts Anonymous (SAA)” introduces the SAA program and presents information about how our fellowship can make a positive difference in the lives of those addicted to sexual behaviors. Some of the information presented is:

- SAA is presented as a 12-step fellowship like Alcoholics Anonymous for leading sex addicts to recovery and support.
- SAA offers a safe and non-judgmental environment where people can address their addiction and work toward a life free of sexual compulsions.
- Explain to the EAP professional that utilizing the resources SAA provides can enhance understanding of the addicted employee and enhance the ability to support them. It mentions that SAA can complement the EAP professionals’ work toward a healthier workplace.
- Lists some core features of SAA as peer support, spiritual growth, accountability, and community.

**Four:** A section “How SAA can help EAP professionals” explains sex addiction as a sensitive and stigmatizing topic that makes it difficult for an employee to ask for help. EAP professionals are encouraged to seek assistance from SAA for the following:

- Confidential support – emphasis on anonymity ensures employees can seek help without exposure.
- Accessible resources – in-person, virtual and phone meetings are available for the addict.
- Complementary approach – the SAA 12-step program can be integrated with counseling, therapy, or treatment plans.
- Workplace stability – SAA can help individuals improve their emotional well-being and thus workplace performance.

The pamphlet ends with SAA contact information for the EAP professional and concludes in part by saying “You can empower employees by providing information about SAA and encouraging them to take the first step toward recovery.”

The hope is that more corporate entities will have the resources to work with sexually addicted employees rather than lose valuable resources.

Chris J.

## OVIG Highlights

The Ohio Valley Intergroup (OVIG) is a cohesive assembly of single SAA groups in Ohio and West Virginia. Our intergroup was formed to share resources, cultivate service talent, and offer activities that single groups may not have the wherewithal to provide.

With that in mind, here are items accomplished, along with future ideas or activities inside or outside the OVIG.

- The intergroup continues to maintain a supply of literature for outreach purposes or for special needs.
- A QR code for making donations or payments to the Ohio Valley Intergroup is below which takes you to the OVIG page of the HomeGroup.Online site. Scan the code and when you see “Ohio Valley Intergroup of SAA,” fill in the requested information and click “Next.”

- One more reminder: don't forget the Ohio Valley Intergroup Spring Retreat on Saturday May 9<sup>th</sup>.
- Should your group not have a Group Service Representative (GSR) for Area-14, please consider asking someone to accept that position. GSR work takes no more than an hour every three months and an additional hour or so when the annual conference draws near. GSR service certainly helps maintain sobriety. Need GSR information? Contact Chris J. at [crispyj4@gmail.com](mailto:crispyj4@gmail.com).
- A scholarship will be available for those needing assistance to attend the convention coming up in May.
- It was announced that the Noble Correctional Institution in Caldwell, Ohio has about 800 inmates incarcerated for sexual reasons. Recent meetings at Noble Correctional have had about 15 inmates attending.
- Funds collection continues for professional outreach purposes.
- Scholarships are often available to people who want to attend the yearly Indiana retreat at PYOCA but may not have the financial means to do so. When September draws close, check on availability of funds.

(Image to scan with a QR reader for going to the OVIg page of HomeGroup.Online)



Have a happy and warm Spring!

The OVIg Newsletter Team

